



# **Science Outreach – Athabasca presents... Immersing Yourself in the Forest**



**Have you heard about forest bathing? Join us for a nature walk on Alberta Conservation Association land at Amisk Lake. See and learn about spring flowers, fungi, insects, amphibians, birds, and mammals. We go out rain or shine.**

**Leaders: Naturalist Albert Karvonen; with biologist Robert Holmberg**

**Date: Sunday, May 29, 2016**

**Time: 10:30 AM to 2 PM**

**Place: Amisk Lake, Alberta**

***Register in advance by May 20, 2016: Contact the Science Outreach Coordinator, [sc-outreach.coord@athabascau.ca](mailto:sc-outreach.coord@athabascau.ca) or telephone: 780-675-6653. (Include your name, telephone number, email and the number of people in your group, so we have an idea of total number attending.) Space is limited.***

**Note:** Meet at the parking lot at Boyle Co-op Hardware Store (4802 Taylor Road, Boyle, AB). One vehicle will have an insect sweep net displayed. We will travel in a group (perhaps with some carpooling) to the actual site about 20 minutes away.

**What to bring:** Appropriate clothing for the weather and footwear for walking on irregular or wet ground. Water.

**Optional:** binoculars, field guide books, insect repellent, bagged lunch. A small packsack may be useful.

Children are welcome but we may walk several kilometers. Outdoor toilets are available.

**What not to bring:** Dogs will scare away birds and mammals.

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For more information visit our website at  
<http://scienceoutreach.ab.ca/>*

**Science Outreach – Athabasca is supported by**



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